

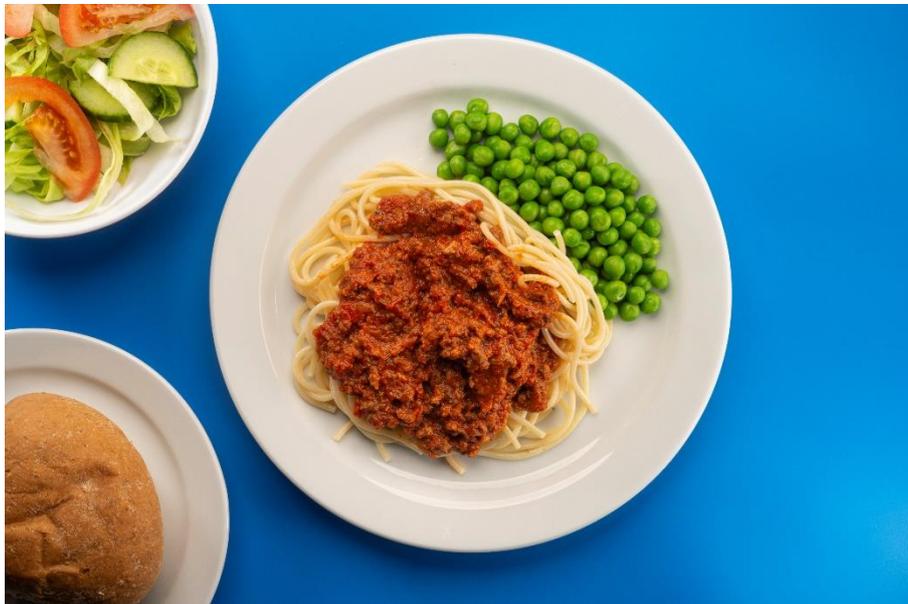


Monday Week 1



Meat-free option

Plant-based burger in a bap with diced potatoes (Vg)
Served with vegetables of the day or salad and bread of the day
Yoghurt, fruit and freshly baked mini shortbread biscuit



Meat option

Spaghetti bolognaise
Served with vegetables of the day or salad and bread of the day
Yoghurt, fruit and freshly baked mini shortbread biscuit



YOUR SCHOOL MENU



October 23 to
March 24

Tuesday Week 1



Meat-free option

Tomato pasta (V)

Served with vegetables of the day or salad and bread of the day
Chocolate brownie



Meat option

Italian style chicken goujons with diced potatoes

Served with vegetables of the day or salad and bread of the day
Chocolate brownie



Hampshire
County Council

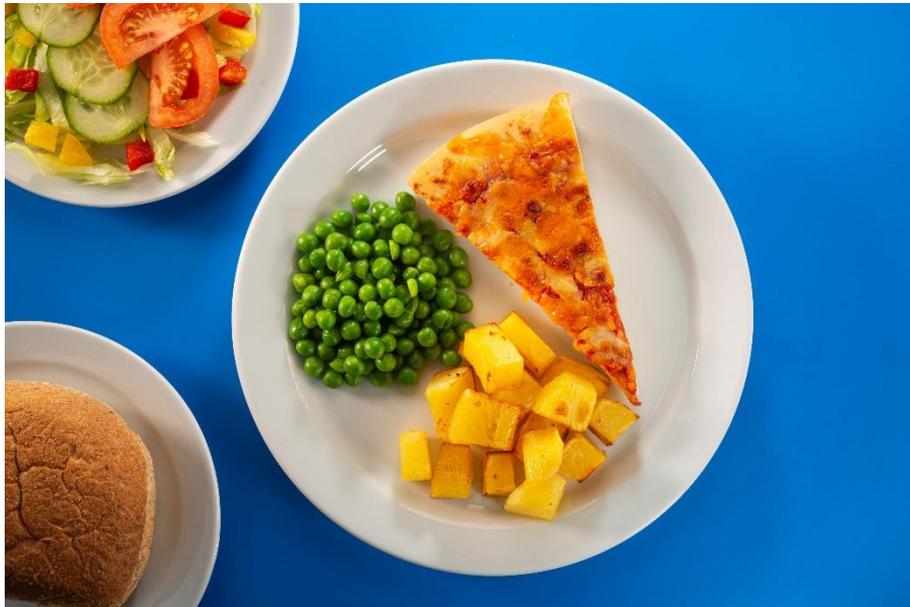


YOUR SCHOOL MENU



October 23 to
March 24

Wednesday Week 1



Meat-free option

Margherita pizza and crinkle cut wedges (V)
Served with vegetables of the day or salad and bread of the day
Fruit and jelly



Meat option

Chicken and oriental style vegetable rice
Served with vegetables of the day or salad and bread of the day
Fruit and jelly

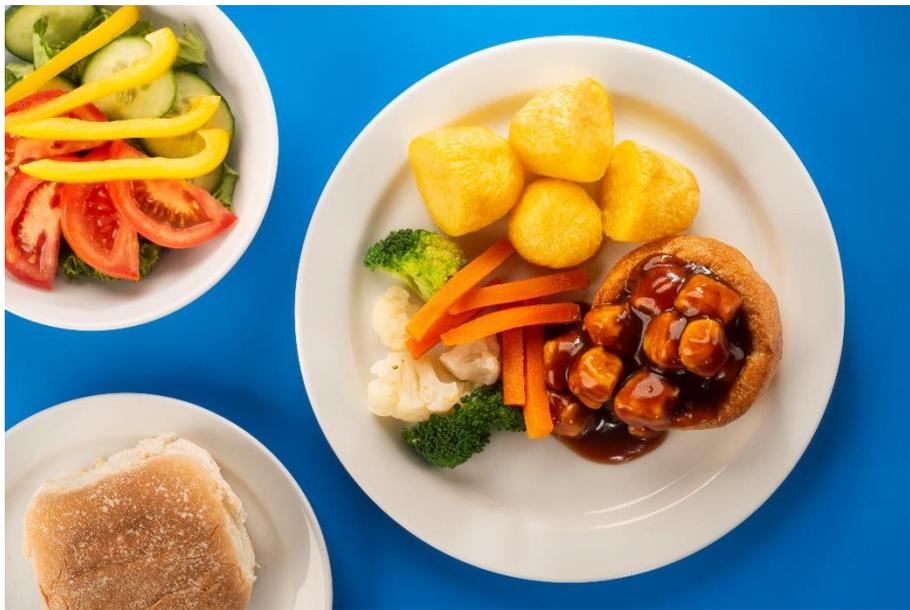


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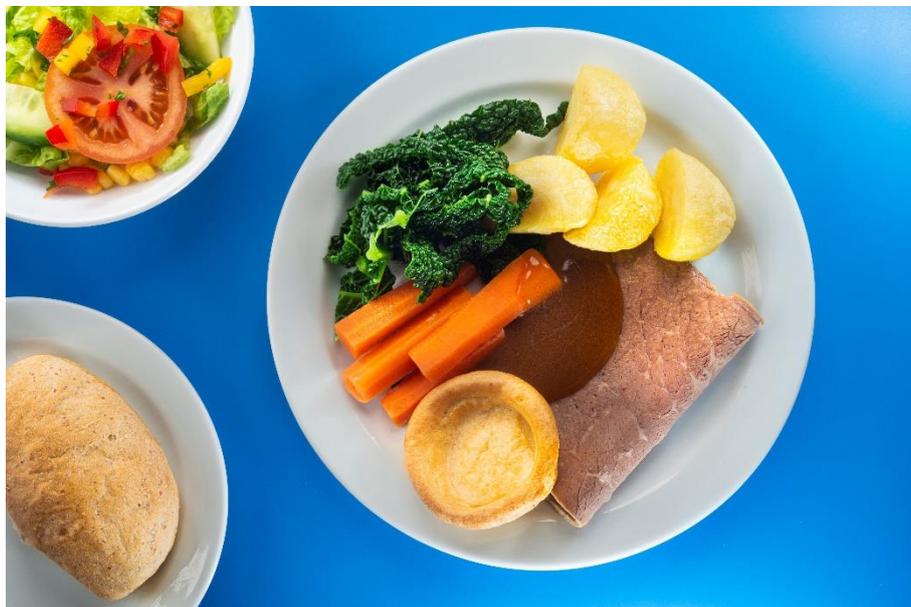


Thursday Week 1



Meat-free option

Quorn chicken pieces in a Yorkshire pudding (V)
Served with roast potatoes, vegetable of the day, gravy and bread of the day
Lemon drizzle sponge



Meat option

Sliced beef and Yorkshire pudding
Served with roast potatoes, vegetable of the day, gravy and bread of the day
Lemon drizzle sponge



Friday Week 1



Meat-free option

Sweet potato and lentil curry with a blend of brown and white rice (Vg)
Served with chips and vegetables of the day or salad and bread of the day
Freshly bread shortbread biscuit



Meat option

Baked fish fingers
Served with chips and vegetables of the day or salad and bread of the day
Freshly bread shortbread biscuit



Monday Week 2



Meat-free option

Meat-free hotdog with diced potatoes (Vg)
Served with vegetables of the day or salad and bread of the day
Yoghurt, fruit and freshly baked mini shortbread biscuit



Meat option

Cottage pie

Served with vegetables of the day or salad and bread of the day
Yoghurt, fruit and freshly baked mini shortbread biscuit

YOUR SCHOOL MENU



October 23 to
March 24

Tuesday Week 2



Meat-free option

Roasted vegetable lasagne (V)

Served with vegetables of the day or salad and bread of the day
Apple flapjack



Meat option

Chicken nuggets with diced potatoes

Served with vegetables of the day or salad and bread of the day
Apple flapjack



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Wednesday Week 2



Meat-free option

Margherita pizza with crinkle cut wedges (V)
Served with vegetables of the day or salad and bread of the day
Fruit and jelly



Meat option

Ham carbonara with penne pasta
Served with vegetables of the day or salad and bread of the day
Fruit and jelly



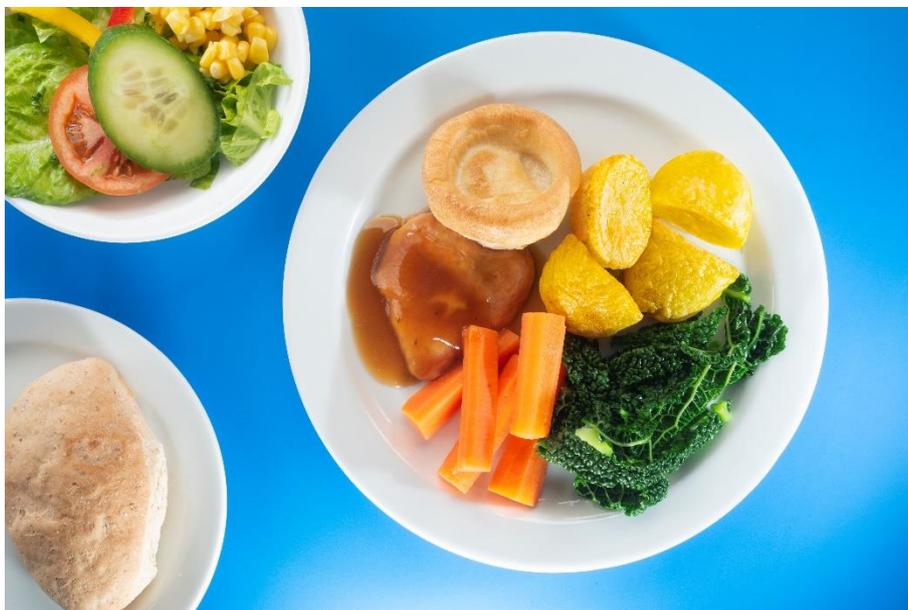
Thursday Week 2



Meat-free option

Vegetable pastry crown (Vg)

Served with roast potatoes, vegetables of the day, gravy and bread of the day
Victoria sponge



Meat option

Roast Chicken and Yorkshire pudding

Served with roast potatoes, vegetables of the day, gravy, and bread of the day
Lemon drizzle sponge



Friday Week 2



Meat-free option

Somerset cheddar cheese and potato frittata (V)
Served with vegetables of the day or salad and bread of the day
Jumble biscuit



Meat option

Baked battered fish and chips
Served with vegetables of the day or salad and bread of the day
Jumble biscuit



Monday Week 3



Meat-free option

Somerset cheddar cheese and tomato quesadilla with diced potatoes (V)
Served vegetables of the day or salad and bread of the day
Yoghurt, fruit and freshly baked mini shortbread biscuit



Meat option

Pork sausage roll with diced potatoes
Served with vegetables of the day or salad and bread of the day
Yoghurt, fruit and freshly baked mini shortbread biscuit



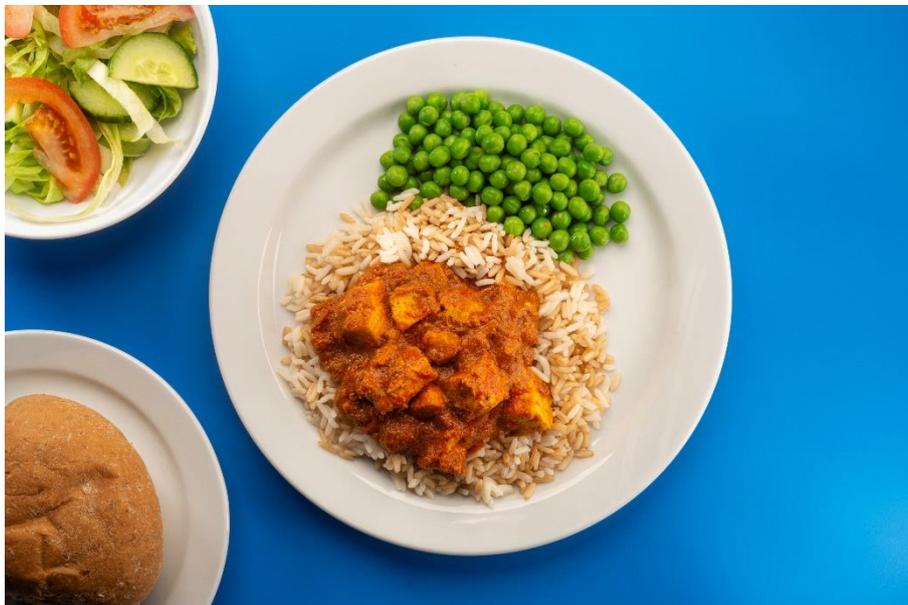
Tuesday Week 3



Meat-free option

Macaroni cheese with Somerset cheddar (V)

Served with vegetables of the day or salad and bread of the day
Love cake



Meat option

Chicken curry with a blend of brown and white rice

Served with vegetables of the day or salad and bread of the day
Love cake



Wednesday Week 3



Meat-free option

Margherita pizza with crinkle cut wedges (V)
Served with vegetables of the day or salad and bread of the day
Fruit and jelly



Meat option

Bubble salmon with crinkle cut wedges
Served with vegetables of the day or salad and bread of the day
Fruit and jelly



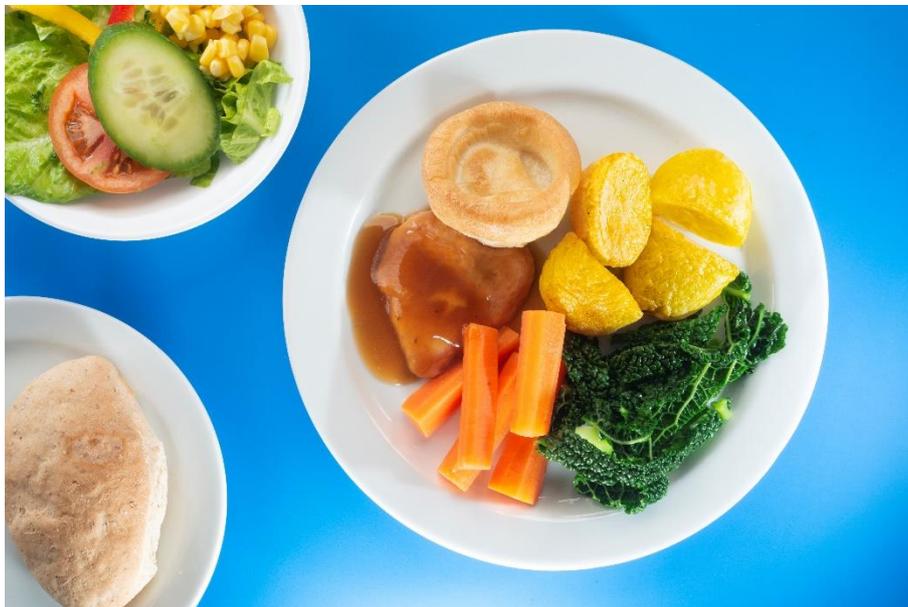
Thursday Week 3



Meat-free option

Meat-free sausage puff (Vg)

Served with roast potatoes, vegetables of the day, gravy and bread of the day
Chocolate orange sponge



Meat option

Roast chicken and Yorkshire pudding

Served with roast potatoes, vegetables of the day, gravy and bread of the day
Chocolate orange sponge



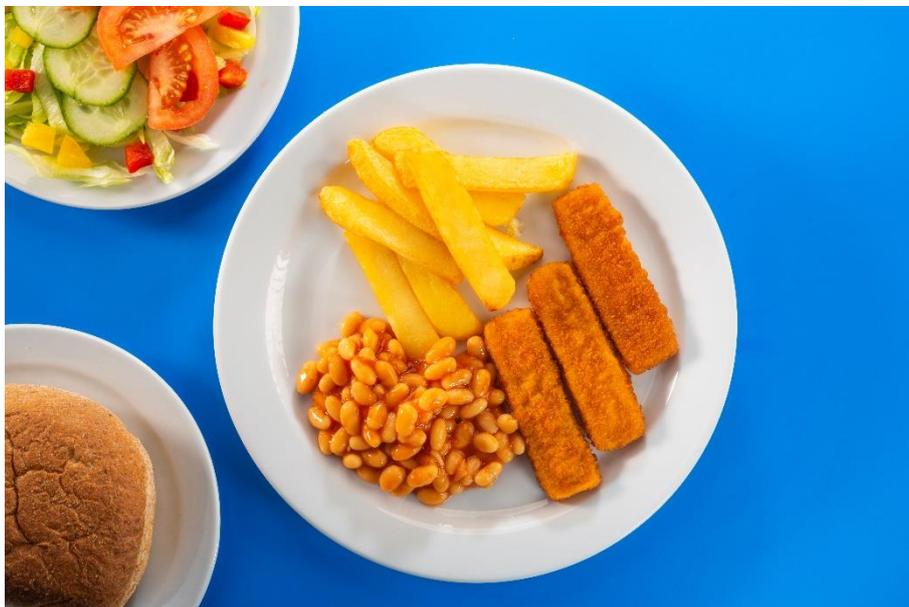
Friday Week 3



Meat-free option

Vegetable and bean burrito (Vg)

Served with vegetables of the day or salad and bread of the day
Freshly baked marble shortbread



Meat option

Baked fish fingers and chips

Served with vegetables of the day or salad and bread of the day
Freshly baked marble shortbread